

Sarah Hin Ching U

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Vancouver, BC

WORK

Silent Howl (solo)

[2022 Feb - Present](#)

Presented by Dancing on The Edge 2023, The Dance Centre International Dance Day, 12 Min Max Program, Co.Erasga 2022 Fall Studio Salon Series.
Upcoming: Convergence (Edmonton tour)

Stratum (duet)

[2021 August - Present](#)

Presented by Skampede, New Works All Over the Map and Vines Art Festival. Vancouver, BC.

Forthcoming (digital performance, solo)

[2022 April - Nov](#)

Presented by Dance Centre, Vancouver; Danceworks, Toronto and F-O-R-M, Vancouver

Flock (ensemble)

[2022 May](#)

Presented by CollabArt Creations, Evergreen Cultural Centre, Coquitlam BC

剪紙舞 / Paper Cut (livestream performance, duet)

[2022 April](#)

Presented by Free Flow Dance Theatre, Saskatoon

Bounce (Digital Performance)(duet)

[2022 March](#)

Presented by Springworks (Ontario) and Ignite Youth Fest, The Clutch (Vancouver)

S T E P (Digital Performance) (solo)

[2021 May - Aug](#)

Presented by National Arts Centre, F-O-R-M, Dumb Instrument Dance

Puzzle (Live Stream Performance) (ensemble)

[2020 Dec](#)

Presented by Impulse Theatre, Victoria, BC.

Kuafu (Digital Performance) (solo)

[2020 Oct](#)

Presented by Burnaby Arts Council

EDUCATION

Bachelor of Fine Arts in Dance and Kinesiology
Sept 2017 to Summer 2021

Simon Fraser University, Vancouver, BC

PERFORMANCES

2021 Sept - Dec (Company Dancer with Free Flow Dance Theatre, Saskatoon)

Nuit Blanche Saskatoon (Sept 25), ensemble.
The Explorer (Oct 1 -3), ensemble.
The Enchanted Night Forest (Oct 22-24,29), ensemble.
The Compass (Nov 19-21), ensemble.
Choreographer/ Artistic Director: Jackie Latendresse

Apr 2021 (Simon Fraser University, Vancouver)

Traveling in clouds (ensemble). Spring Repertory Show (Digital),
Choreographer: Judith Garay.

2019 Aug (Richmond World Festival, Vancouver)

Transcending Perception (solo). Richmond.
Producer: John-Desnoyers-Stewart.

2019 June (Vancouver Biennale, Vancouver)

Continuous Voyage (ensemble). Sun Wah Centre, Vancouver, BC.
Artistic director: Sahej Rahal

2019 Apr - July (Dancing on the Edge, Vancouver)

ÉCOUTE POUR VOIR Danse Carpe Diem" (ensemble). The Dance Centre.
Vancouver public library and Granville Island.
Choreographer/Artistic director: Emmanuel Jouthe

AWARDS/ACHIEVEMENTS

2022

Recipient of BC Arts Council Professional Performing Artist Award
Recipient of Canadian Dance Assembly Resilience Fund

2021

Selected Speaker at Faculty of Communication, Art and Technology Undergraduate Conference, Simon Fraser University.

2021

Recipient of Sector Equity for Anti-Racism in the Arts: POWER SHARE: Covid Relief Fund for Black, Indigenous & Racialized Artists

2016

Recipient of British Columbia Dance Educators' Association Award.

Recipient of British Columbia Achievement Award.

Recipient of Burnaby Arts Council Scholarship - excellence and achievement in the arts.

RESIDENCIES

School of Toronto Dance Theatre Artist-in-Residence 2023
City of Port Coquitlam Artist-in-residence 2023
New Works XR Program 2023
Plastic Orchid Factory 2022-2023 Artist-in-Residence
Future Leisure/45 west 2022 Micro Residency
ArtStarts Ignite 2022 Artist-in-Residence

SCHOLARSHIPS

2022 Jan-April

EDAM dance training program

2021

Classical Conditioning Program, Dance Saskatchewan Inc

Shay Kuebler summer intensive, Simon Fraser University

2020

Helen Walkey summer intensive, Simon Fraser University

Vancouver Contact Improvisation Festival, Simon Fraser University